

Pathways to Parent Support & Training

October 2007: Gluten and Casein Free Diets

Next Meeting

Join us as PPST meets on Friday, October 19th, 2007 from 7pm to 9pm.

Topic

If you or someone in your family has a wheat or dairy allergy, autism or celiac disease this seminar is for you. Learn how to adjust your family's diet to accommodate these special dietary needs and restrictions and make positive changes in mood and behavior. Janet Maranto, trained chef and parent, joins us to share how to read labels and recipes, as well as how to find local and online suppliers of gluten and casein-free products.



What is PPST?

PPST is a group specially designed for parents & caregivers of children with speech & language delays/disorders. PPST is run and sponsored by the SPEECH PATHways Foundation, a non-profit organization. The first group of its kind in Carroll County, PPST offers parent training and support. Meetings include a meet & greet, a guest lecture on various topics and a Q&A time. Trained professionals & other parents/caregivers are on hand for support and guidance. For more information, visit www.speechpathwaysfoundation.org.

Who can attend PPST?

PPST is open to the community. You do not have to have a child receiving therapy from SPEECH PATHways to attend. However, it is necessary to **RSVP to reserve a seat**.

When does PPST Meet?

PPST meets the 3rd Friday of each month from 7-9 pm in 2007 (except for November, December, May, July & August)

Where does PPST Meet?

PPST meets at the Non-Profit Center in Westminster, which is located at 255 Clifton Boulevard.

RSVP Please!

PLEASE RSVP to SPEECH PATHWAYS at 410-374-0555 or kim.bell@speechpathways.net, including your name and phone#.

About the SPEECH PATHways Foundation

SPEECH PATHways is the only comprehensive pediatric speech-language pathology clinic in Carroll County, Maryland, offering services since 1999. Owner Kimberly A. Bell, M.S., CCC-SLP, has been a speech and language pathologist for over ten years. She and her associates offer a wide variety of specialized pediatric programs in addition to traditional speech and language services. In 2007, Kimberly organized the nonprofit SPEECH PATHways Foundation to help provide funding and speech therapy resources for those who might otherwise not be able to afford services. The PPST Group is one of the Foundation's active support services.